



Et si on se projetait? Perspectives futures dans la prise en charge du diabète

Chantal Mathieu MD PhD
Endocrinologie, UZ Leuven
Leuven, Belgium

Conflits d'intérêt

Advisory boards: Novo Nordisk, Sanofi, Merck Sharp and Dohme Ltd., Eli Lilly and Company, Novartis, AstraZeneca, Boehringer Ingelheim, Roche, Medtronic, ActoBio Therapeutics, Pfizer, Imcyse, Insulet, Zealand Pharma, Avotres, Mannkind, Sandoz and Vertex.

Speaker's Bureau: Novo Nordisk, Sanofi, Eli Lilly and Company, Boehringer Ingelheim, Astra Zeneca and Novartis

Research support: Imcyse and ActoBio Therapeutics

Programme

- Future d'insuline, technologie...
- Future de la prévention/interventions



The challenge of insulin therapy

Dose of insulin:
(G)estimation based on
bloodglucose level to start with, on
planned meal, on planned
exercise....

Variability of insulin
preparations

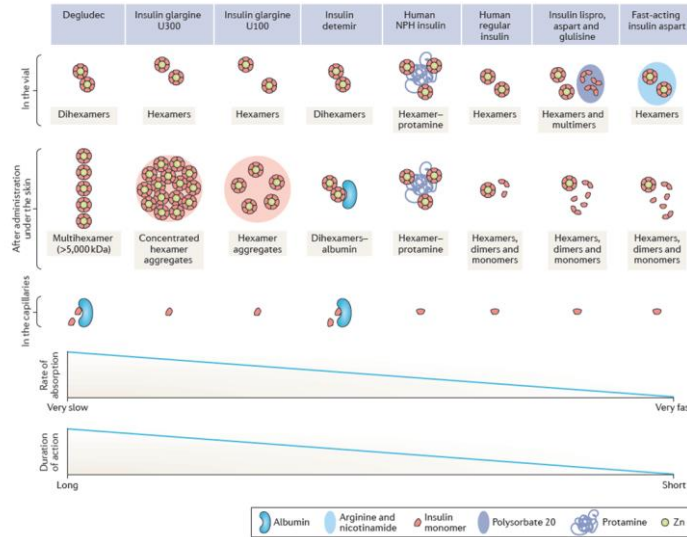
Injecting under the skin:
not in portal vein

Injecting under the skin:
once injected, insulin action will happen



The challenge of insulin therapy: **Now**

Insulin analogues



Smart pens



Apps assisting in education



Implantable pumps



The challenge of insulin therapy: Now

Insulin analogues

Smart pens

Apps assisting in education

Hybrid Closed Loop systems

Implantable pumps



The challenge of insulin therapy: Now

Complication protection



The challenge of insulin therapy: 5 years

Smaller sensors, more durable

Easier pump systems, durable catheters



The challenge of insulin therapy: 5 years

Smaller sensors, more durable

Easier pump systems, durable catheters

HCL in patchpump

Bi-hormonal pump

More performant algorithms
Meal simplification- estimation

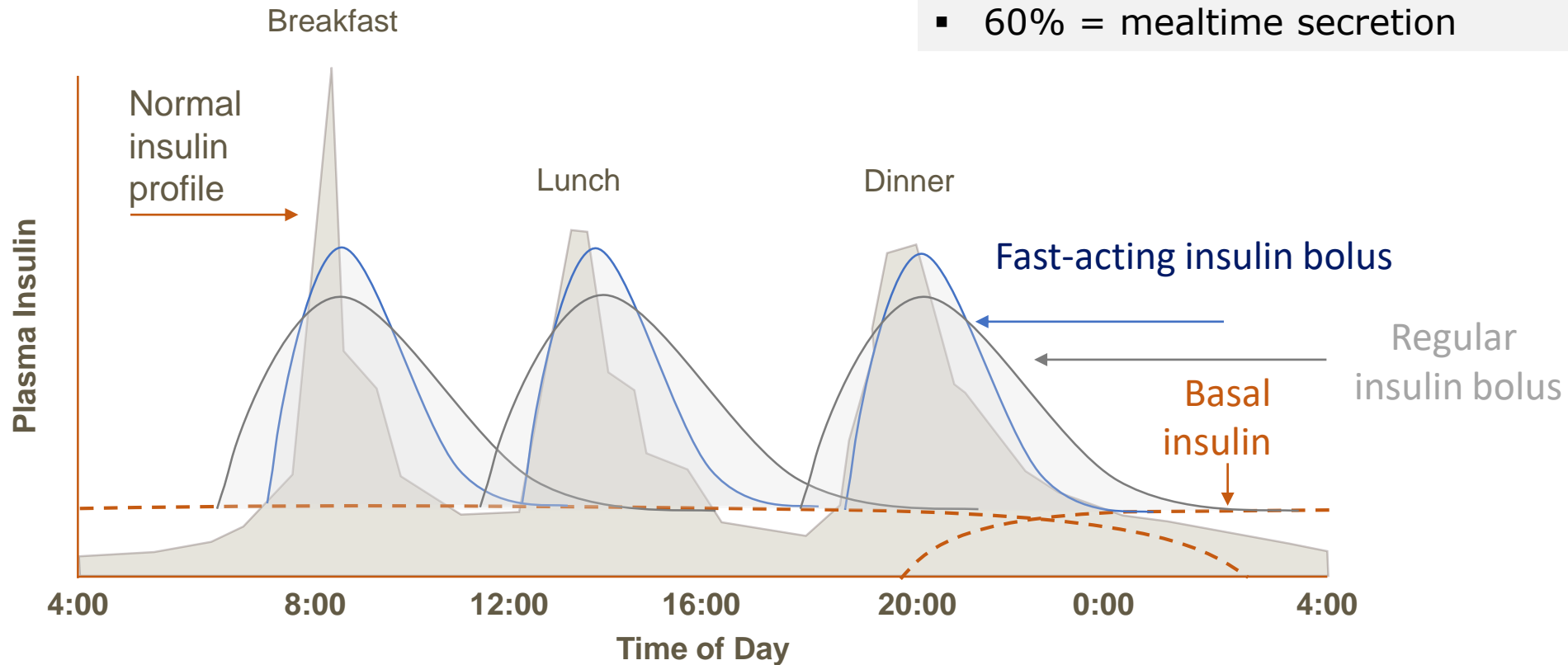
Multi-metabolite sensors

Novel insulin preparations

Physiologic insulin replacement

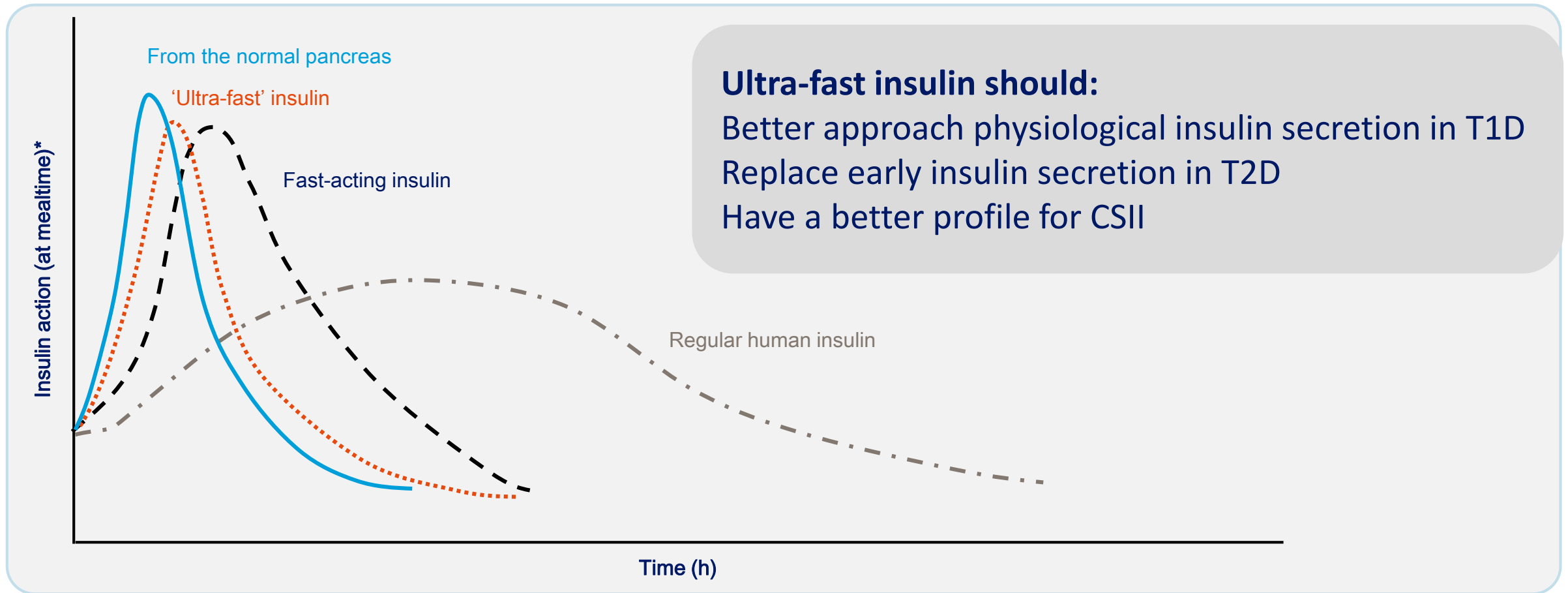
Physiological insulin secretion: 0.6 IU / kg / day

- 40% = basal secretion
- 60% = mealtime secretion



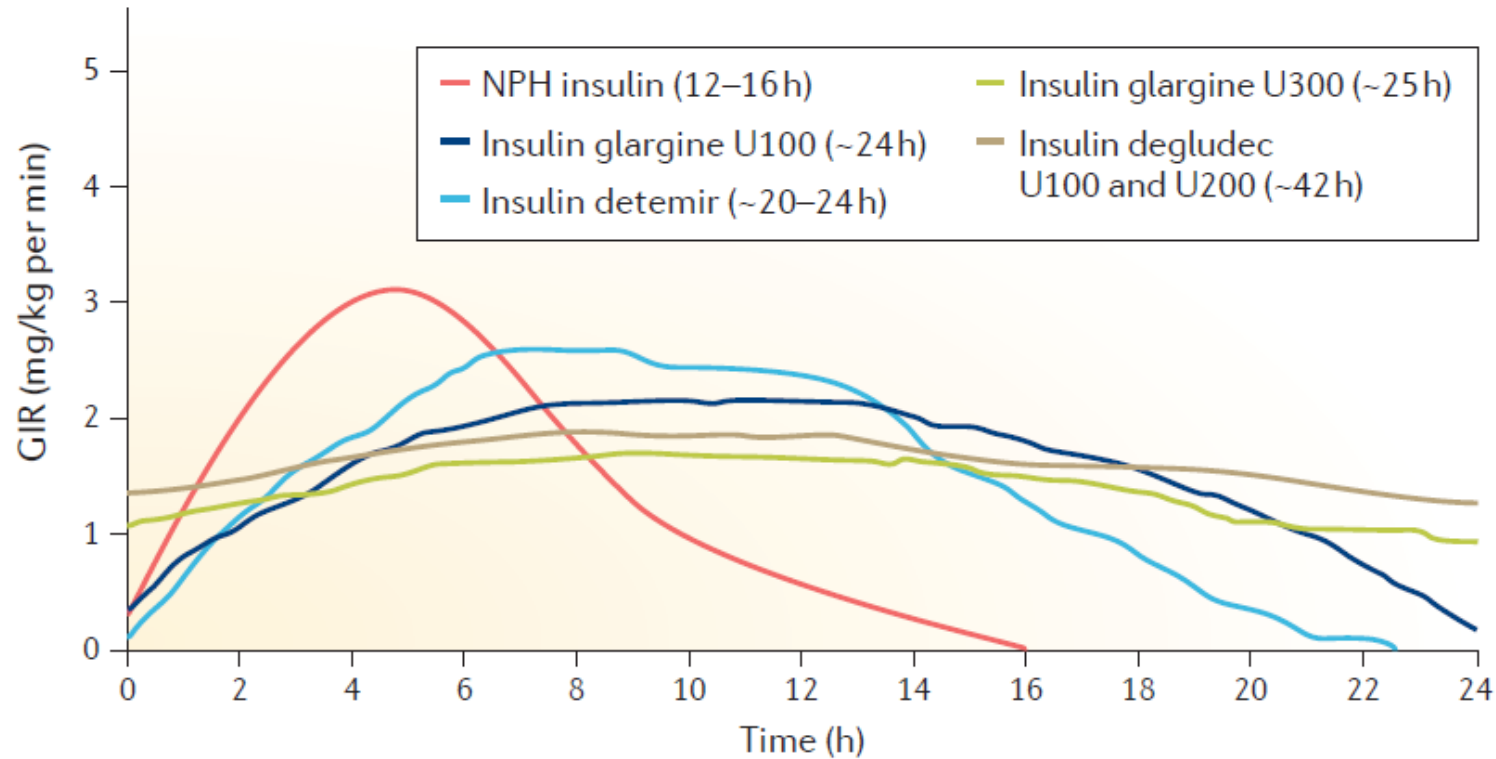
Mealtime bolus insulin is designed to prevent the predicted postprandial increase in glucose, therefore maintaining tight glycaemic control.

Ultra-fast insulin: approaching a physiological insulin profile even further

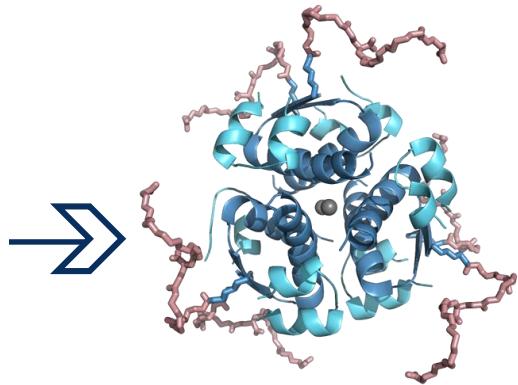


*Adapted from Home. *Diabetes Obes Metab* 2015;17:1011–20

Basal insulins



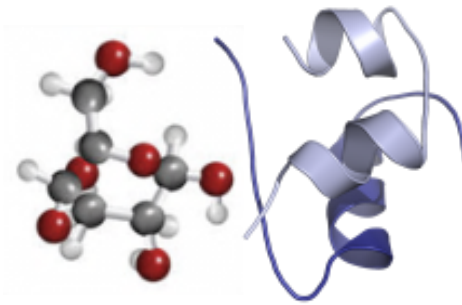
A glimpse into the future of insulin treatment



**Once-weekly
insulin**



Oral insulin

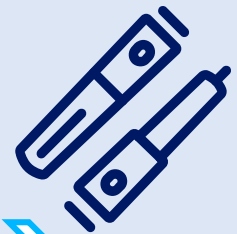


**Glucose-sensitive
insulin**

Convenience

Simplicity

Improved safety



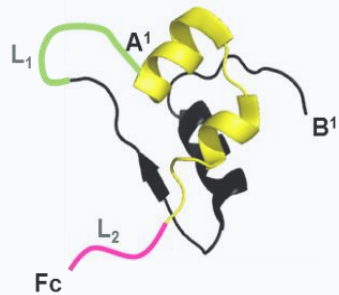
Technology/devices will evolve in parallel and complement the advances in therapeutic options



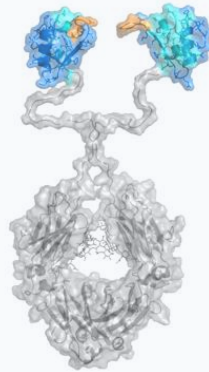
Once-weekly insulins

Fc fusion

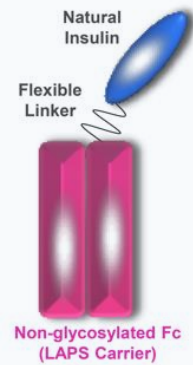
AstraZeneca



Eli Lilly:
Basal Insulin-Fc
(BIF)

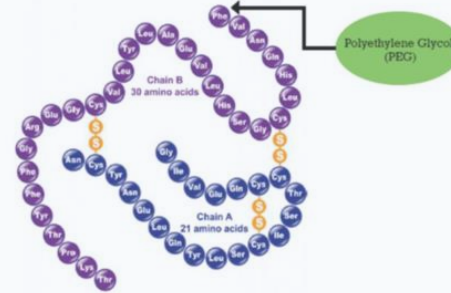


Hanmi:
HM12460A



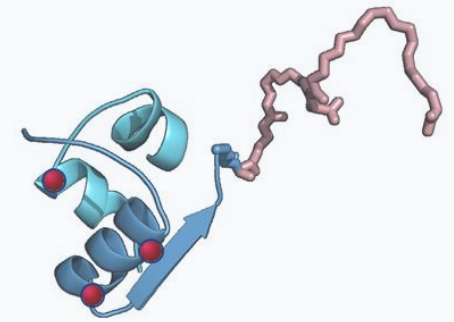
PEGylated

Antria/Rezolute:
AB101



Acylated

Novo Nordisk:
insulin icodec



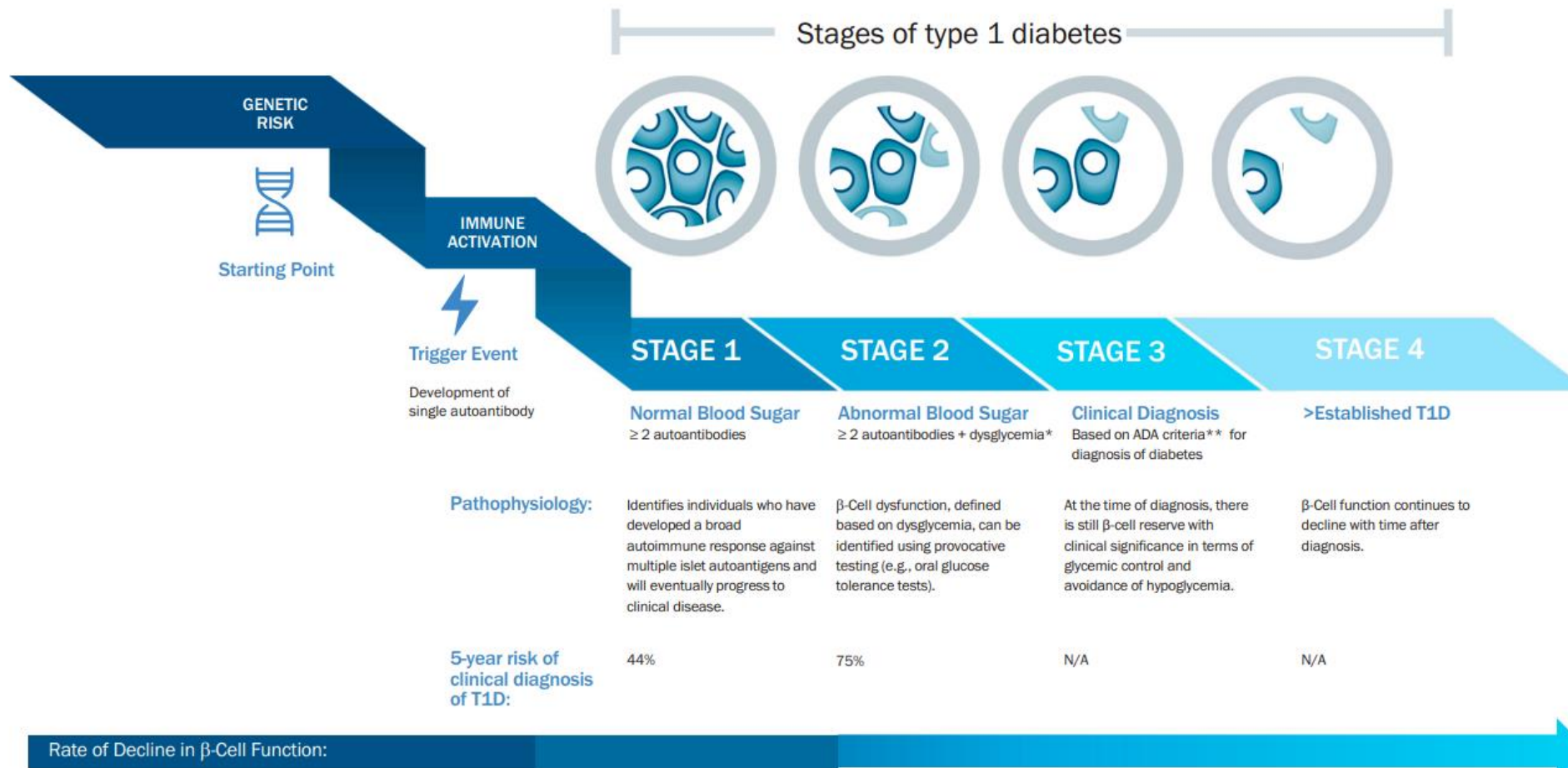
*Fc, antibody fragment crystallizable domain; PEG, polyethylene glycol.

DeVries, J Novel pharmacological strategies to develop weekly insulin. Rosenstock, J (Chair), Weekly basal insulin- the wave of the future. Symposium at the 80th scientific sessions by the American Diabetes Association. <https://virtual.lww.com/ADA2020Sessions/Pages/virtual-meeting.aspx>. 2020.



Mais... si l'on pouvait prévenir ou arrêter le diabète de type 1....?

T1D: NOUVELLE DÉFINITION



- ✓ ~5% des personnes diabétiques
- ✓ Déficit en insuline
- ✓ Besoin d'insulinothérapie
- ✓ Enfants, adolescents et adultes



Pourquoi n'a t'on pas encore arrêté cette maladie?

- Phase préclinique prolongée
- Jeunes et enfants
- Modèle animal
- Tissu cible (cellule bêta): accès difficile, visualisation
- Marqueurs dans le sang

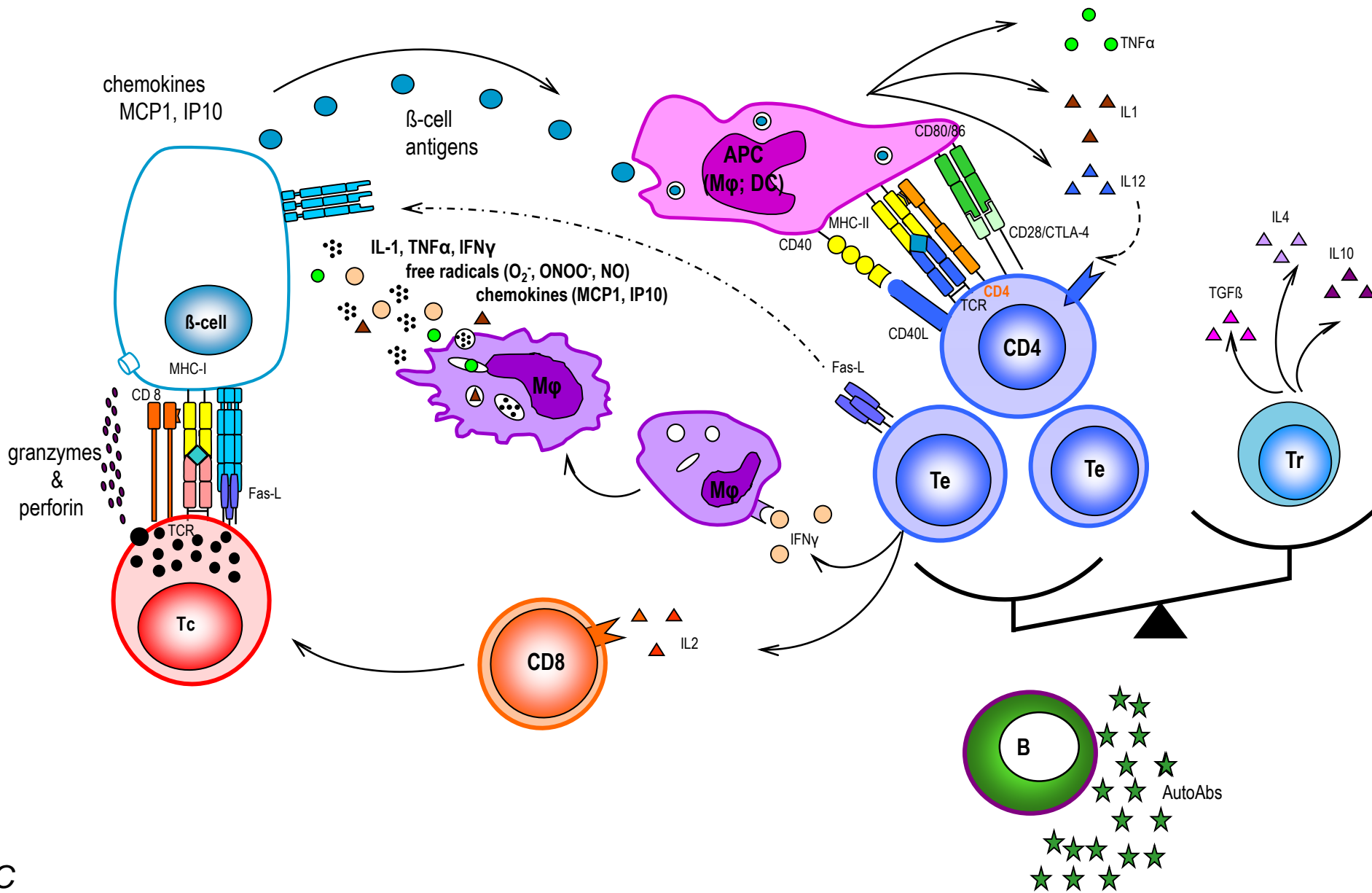


Arrêter T1D: Qu'avons-nous appris?

- Le système immunitaire joue un rôle central

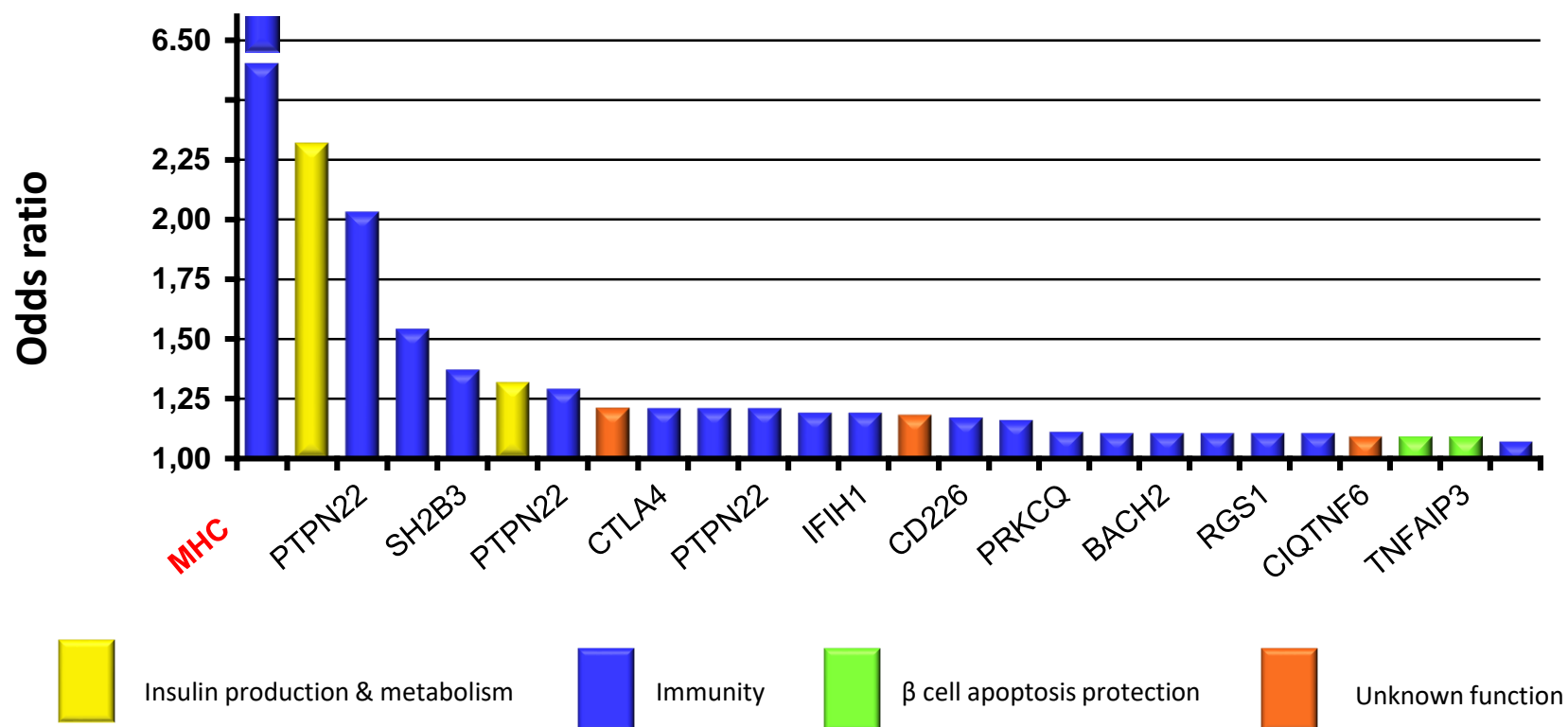


Comment les cellules bêta sont-elles détruites en T1D?





Prédisposition génétique



HLA, human leukocyte antigen.
Concannon P, et al. *N Engl J Med* 2009;360:1646–54.



INCIDENCE de T1D

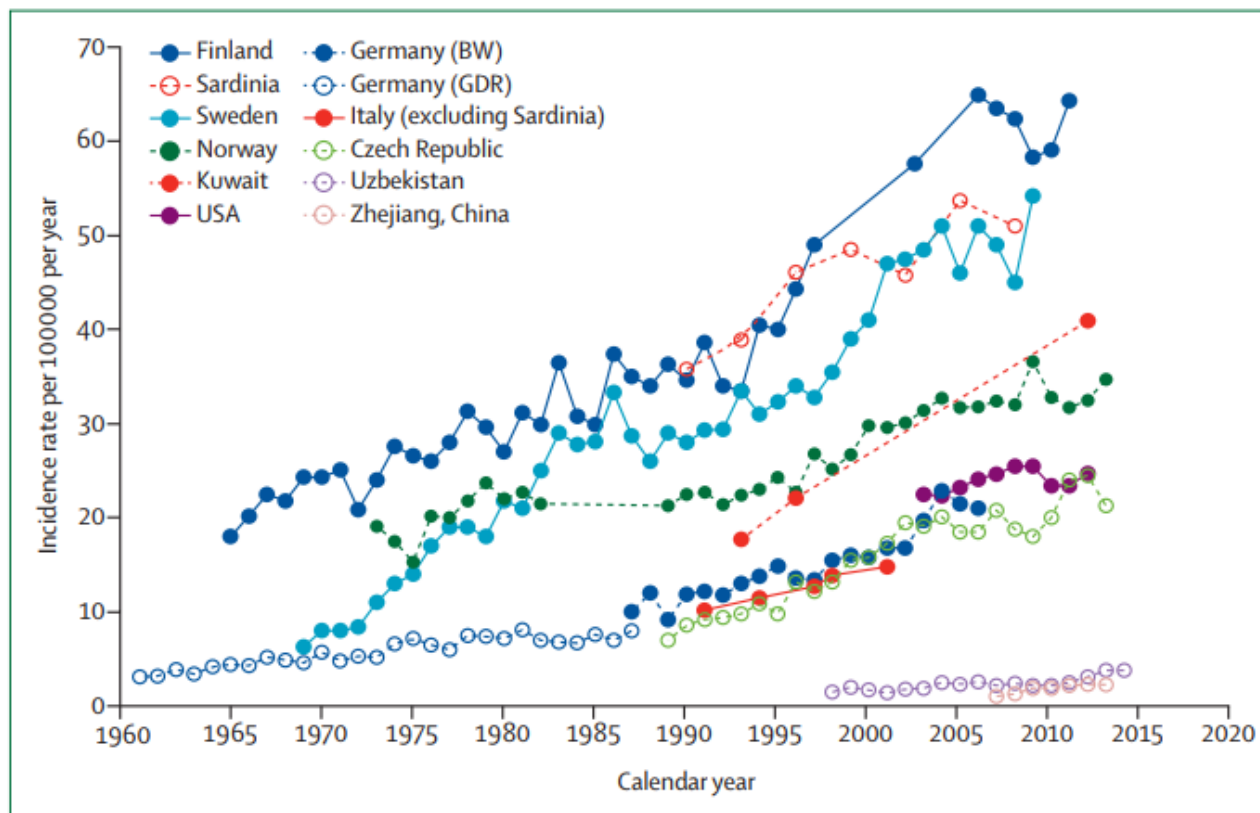


Figure 1: Time trends in incidence of type 1 diabetes

Published data taken from references listed in the appendix pp 1,5–6. GDR=German Democratic Republic (former Eastern Germany). BW=Baden-Württemberg.

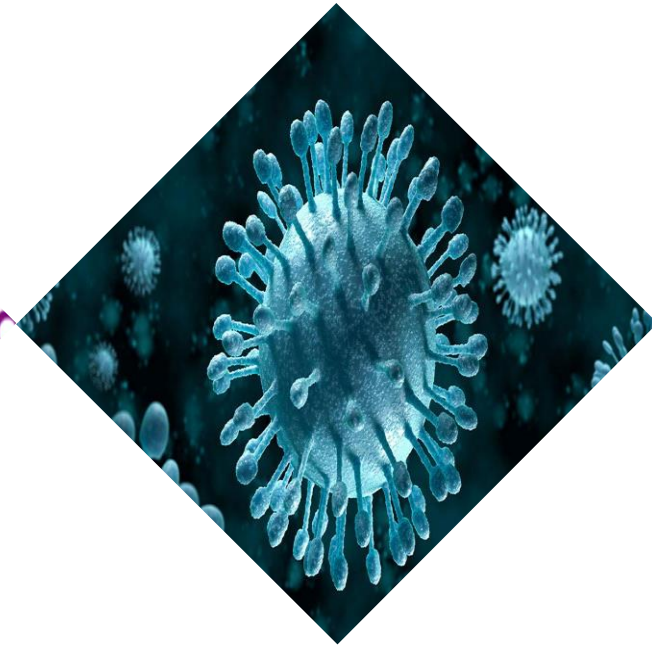


Déclancheurs

Toxins



Virus



Diet

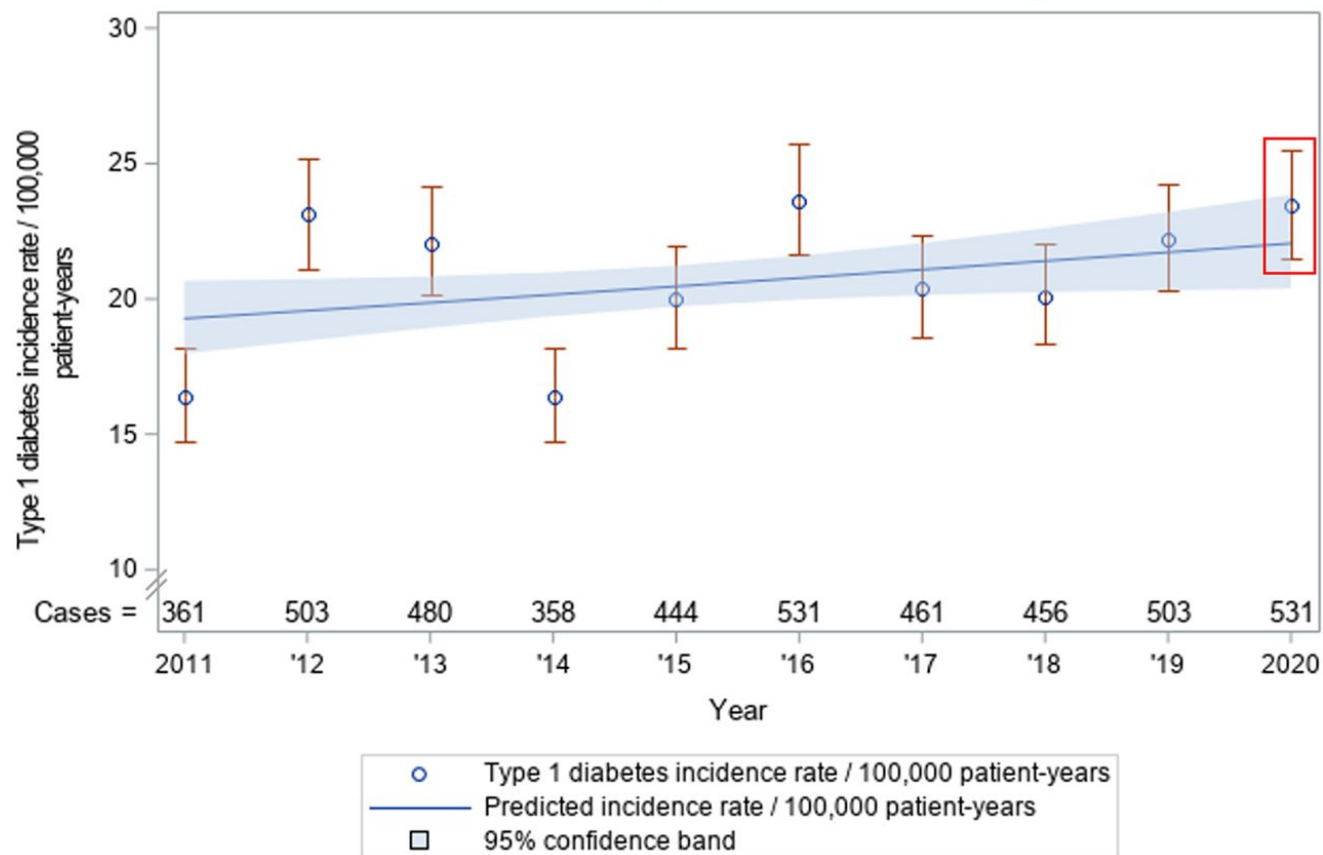
Microbiome





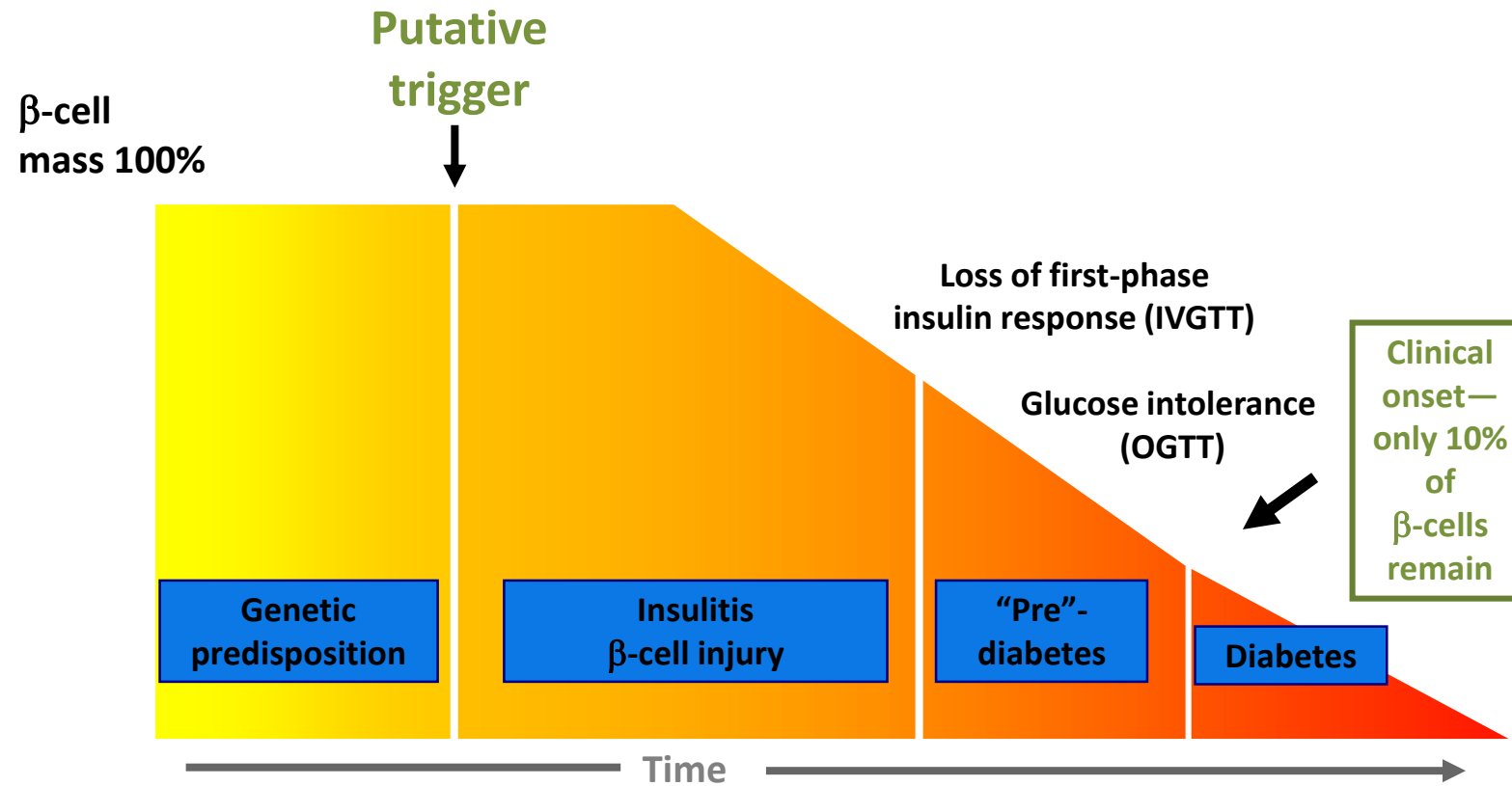
INCIDENCE de T1D... COVID

Incidence rate of type 1 diabetes in children and adolescents <18 years in Germany





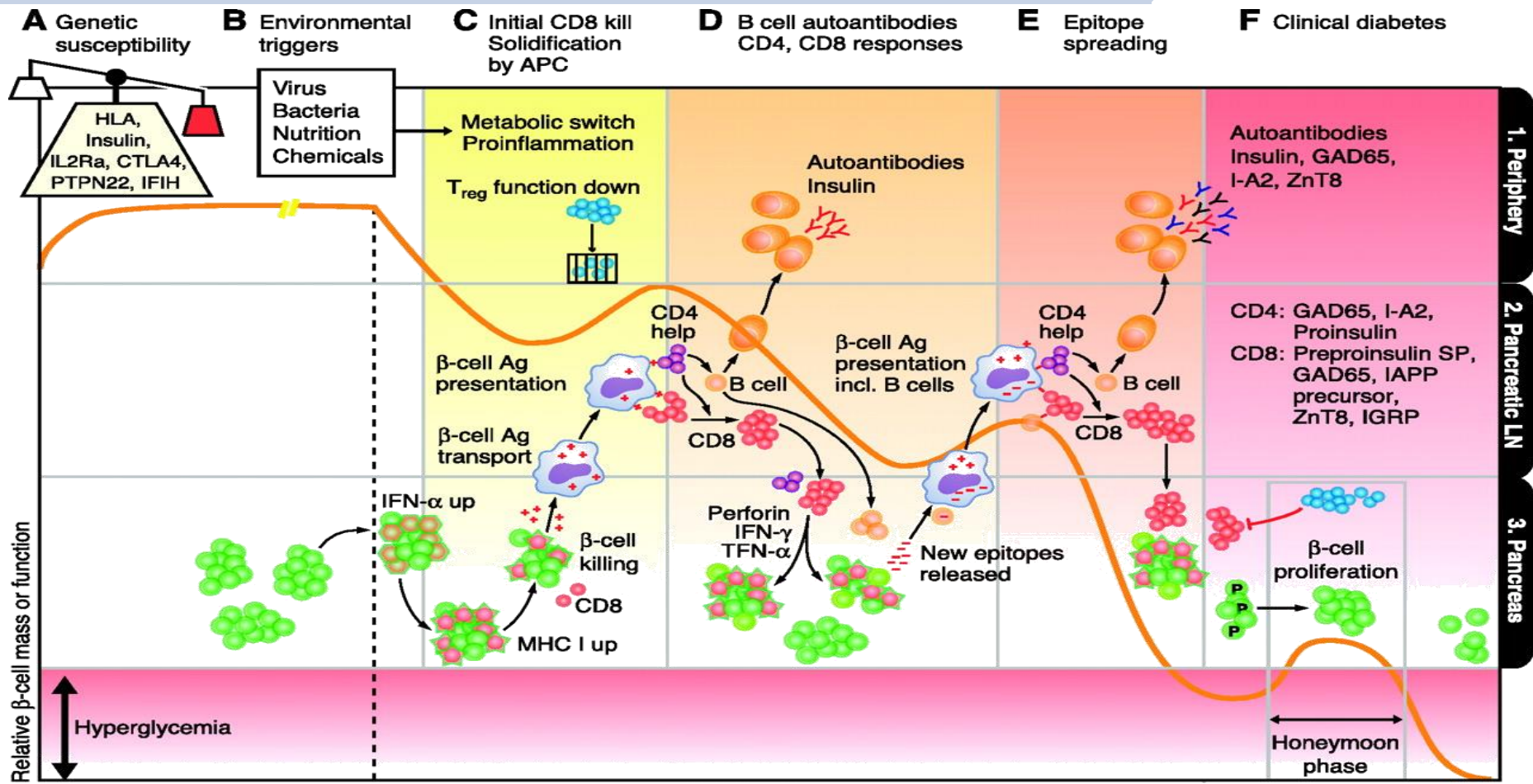
Histoire naturelle de T1D



GAD65, glutamic acid decarboxylase; ICA, islet cell antibodies; IVGTT, intravenous glucose tolerance test; OGTT, oral glucose tolerance test.



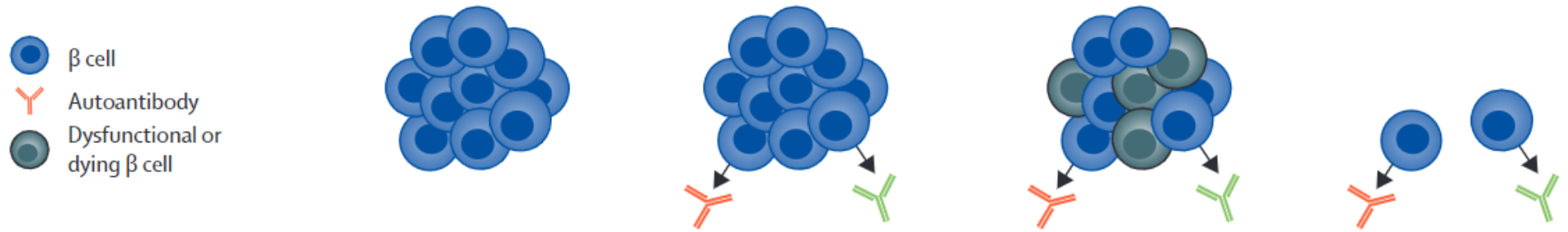
Histoire naturelle de T1D



- Healthy beta-cell
- ★ MHC I positive β-cell
- P Proliferating β-cell
- Regulatory T cell
- Autoreactive CD8 or CD4 T cell
- IFN-γ producing β-cell
- Insulin-negative β-cell
- Antigen-presenting cell
- + Auto-antigen
- Auto-antigen, after epitope spreading



Arrêter T1D: Qu'avons-nous appris?



● β cell
Y Autoantibody
● Dysfunctional or dying β cell

	Stage 0	Stage 1	Stage 2	Stage 3
Defining characteristics	<ul style="list-style-type: none"> • 0–1 positive autoantibodies • No dysglycaemia • Clinically asymptomatic 	<ul style="list-style-type: none"> • ≥ 2 positive autoantibodies • No dysglycaemia • Clinically asymptomatic 	<ul style="list-style-type: none"> • 2 positive autoantibodies • Dysglycaemia • Clinically asymptomatic 	<ul style="list-style-type: none"> • 2 positive autoantibodies • Hyperglycaemia • Clinically symptomatic
β -cell mass	100%	100%	100% (decrease starting 6 months before stage 3)	10–20%
Prevention trial category	Primary prevention	Secondary prevention	Secondary prevention	Tertiary prevention
Past prevention trial examples	<ul style="list-style-type: none"> • TRIGR (cow milk protein) • FINDIA (bovine insulin) • BABYDIET (gluten) 	<ul style="list-style-type: none"> • DENIS (nicotinamide) • ENDIT (nicotinamide) • Belgian trial (parenteral insulin) • DPT-1 (oral insulin) • DIPP (intranasal insulin) • TrialNet study (oral insulin) • DIAPREV-IT (GAD-alum) 	<ul style="list-style-type: none"> • DPT-1 (parenteral insulin) • DIAPREV-IT (GAD-alum) • TrialNet teplizumab (anti-CD3 monoclonal antibody) 	<ul style="list-style-type: none"> • Haller et al (2019)²⁰ • Rigby et al (2015)²¹ • Herold et al (2002)²² • Keymeulen et al (2005)²³ • Orban et al (2011)²⁴ • Pescovitz et al (2009)²⁵



Arrêter T1D: Qu'avons-nous appris?

- Le système immunitaire joue un rôle central
- Immunomodulation de longue durée prévient le diabète dans la souris NOD (et arrête la progression dans l'homme....)





Immunomodulation dans la souris NOD

Immune stimulation

Cytokines

Anti-CD4

Thymectomy

Antibodies against cytokines

Bone marrow transplantation

1,25-dihydroxyvitamin D

Irradiation

Rapamycin



Anti-CD3

FK506

FTY20

Cyclosporine A

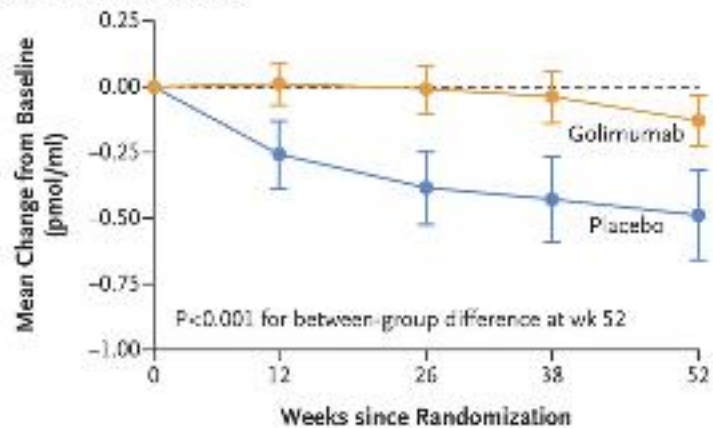
mATG

Anti-CD2



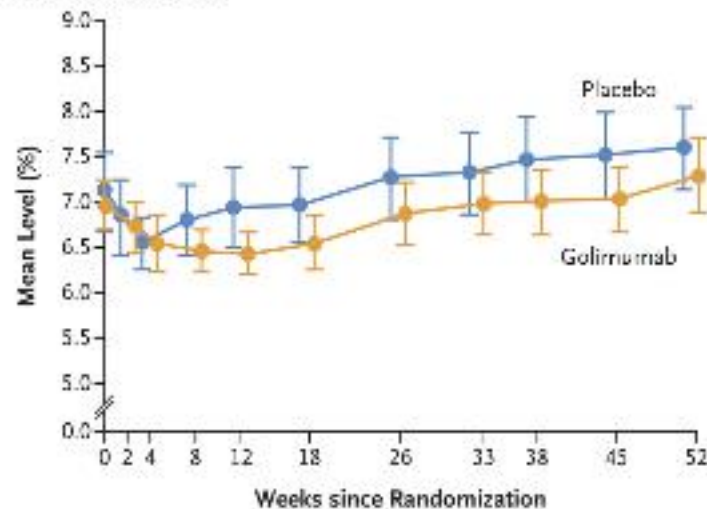
Immunomodulation de longue durée: GOLIMUMAB

A 4-Hour C-Peptide AUC

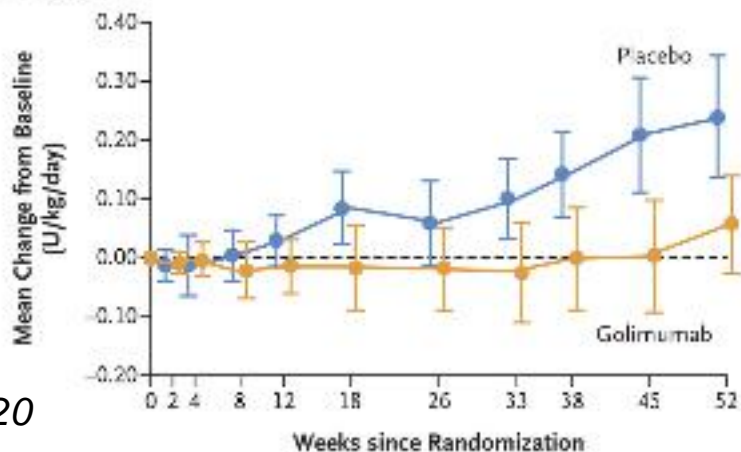


No. at Risk	0	12	26	38	52
Golimumab	56	52	49	49	50
Placebo	28	26	25	24	25

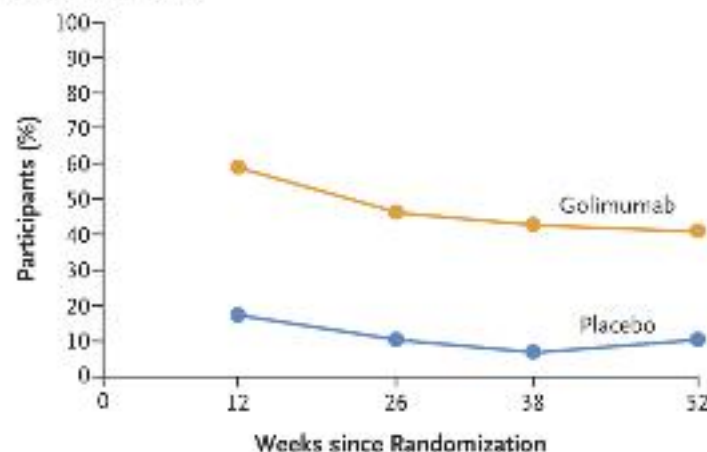
B Glycated Hemoglobin



C Insulin Use



D C-Peptide Response





Arrêter T1D: Qu'avons-nous appris?

- Le système immunitaire joue un rôle central
- Immunomodulation **à court terme** prévient le diabète dans la souris NOD et de façon temporaire dans l'homme





ETUDES HUMAINES D'IMMUNOMODULATION

Cyclosporin

Teplizumab Anti-CD3

Otelixizumab Anti-CD3

Etanercept (anti-TNF α)

Golimumab (anti-TNF α)

Mycophenylate+Anti-CD25

Rituximab Anti-CD20

Abatacept CTLA4-Ig

Canakinumab Anti-IL1- β

Anakinra IL-1RA

High dose ATG

Low dose ATG (+G-CSF)

Rapamycin/IL-2 therapy

Glivec

Transient effect

Transient effect

Transient effect (dose-dependent)

?? Effect

?? Effect

No effect

Transient effect

Transient effect

No effect

No effect

No effect

Transient effect

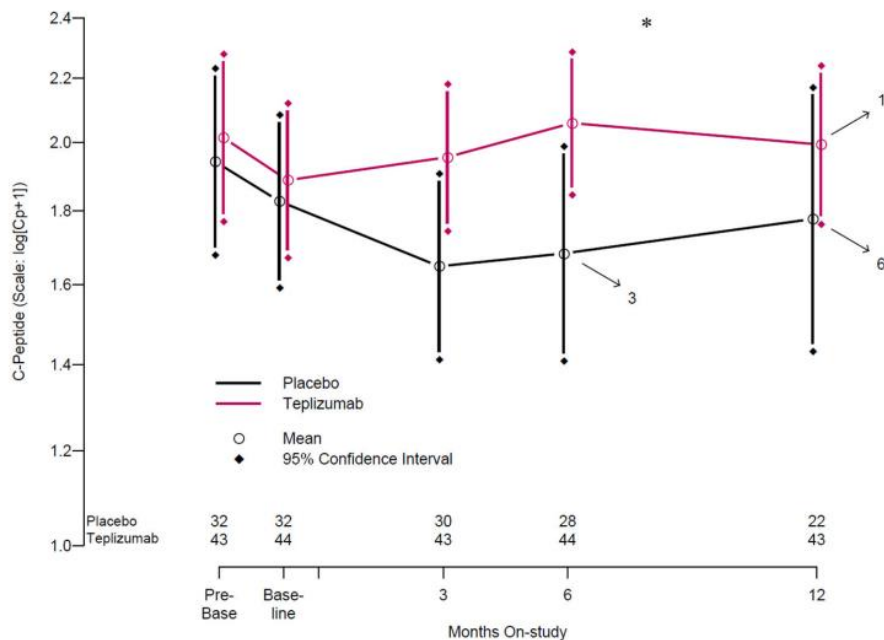
Worsening effect

?? Effect

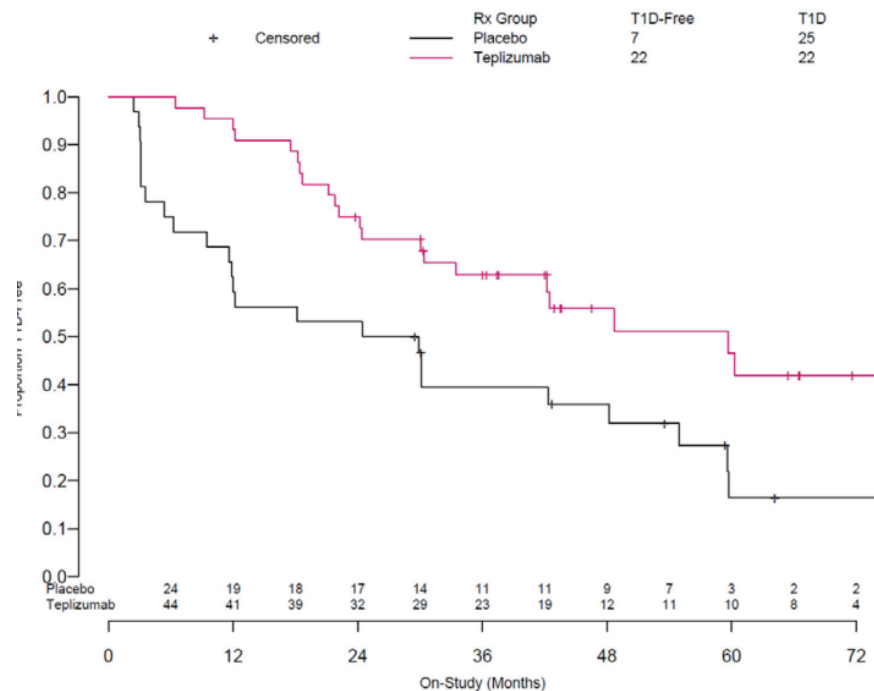


Arrêter T1D: Qu'avons-nous appris?

Teplizumab (anti-CD3 mAb) prolonge la survie des cellules bêta chez les gens à haut risque de T1D (Stage 2)



Délais de 3 ans *



*32.5 mo delay (27.1 vs 59.6mo)

Préservation de C-peptide



Arrêter T1D: Qu'avons-nous appris?

Table 2. Adverse Events during Active Follow-up.*

Adverse Event Category	Teplizumab		Placebo	
	Events (N=112)	Participants (N=44)	Events (N=23)	Participants (N=32)
	no.	no. (%)	no.	no. (%)
Blood or bone marrow†	45	33 (75)	2	2 (6)
Dermatologic or skin†	17	16 (36)	1	1 (3)
Pain	11	5 (11)	5	3 (9)
Infection	8	5 (11)	5	3 (9)
Gastrointestinal	5	4 (9)	3	3 (9)
Metabolic or laboratory	7	4 (9)	2	2 (6)
Pulmonary or upper respiratory	6	4 (9)	0	0
Constitutional symptoms	3	2 (5)	0	0
Allergy or immunologic	2	2 (5)	0	0
Cardiac, general	1	1 (2)	1	1 (3)
Endocrine	0	0	2	2 (6)
Vascular	1	1 (2)	1	1 (3)
Neurologic	1	1 (2)	0	0
Ocular or visual	1	1 (2)	0	0
Musculoskeletal or soft tissue	2	1 (2)	0	0
Hepatobiliary or pancreatic	0	0	1	1 (3)
Syndrome	1	1 (2)	0	0
Hemorrhage or bleeding	1	1 (2)	0	0

* Events listed were attributed as possibly, probably, or definitely related to the trial agent by the trial-site investigator.

† The frequency of this type of event differed significantly between the two groups ($P < 0.001$).



Arrêter T1D: Qu'avons-nous appris?

- Le système immunitaire joue un rôle central
- Immunomodulation prévient le diabète dans la souris NOD et de façon temporaire dans l'homme
- T1D est une maladie hétérogène





T1D est une maladie hétérogène

Just type 1

Type 1, Celiac disease, Graves
RA, alopecia

Onset 6 months

Onset 75years

IAA

IAA, GAD, IA2, ZnT8

HbA1c 10%

HbA1c 6.5%

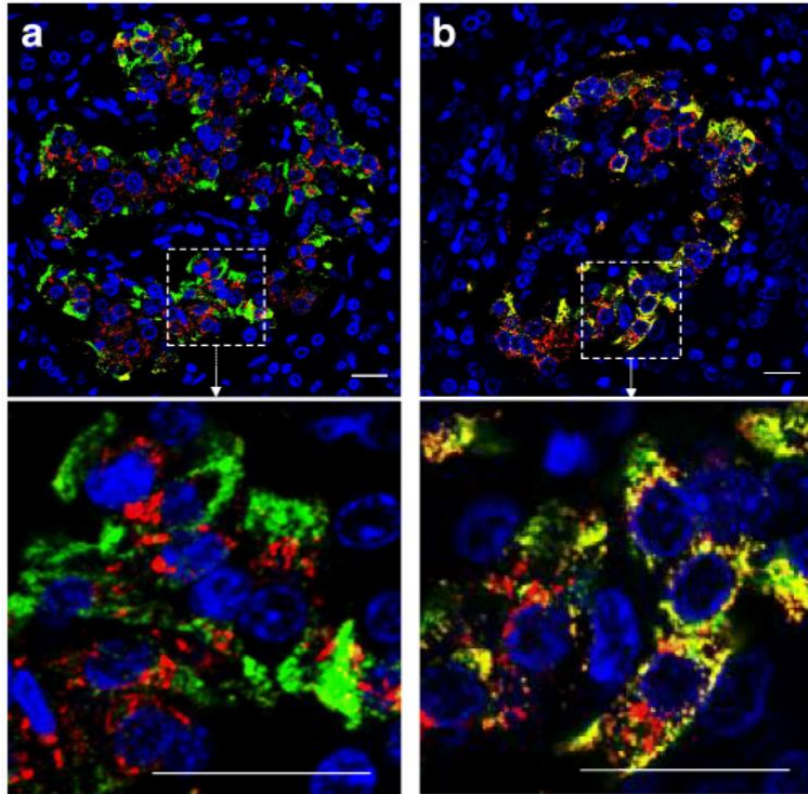
Cpeptide unmeasurable

Lifelong Cpeptide left

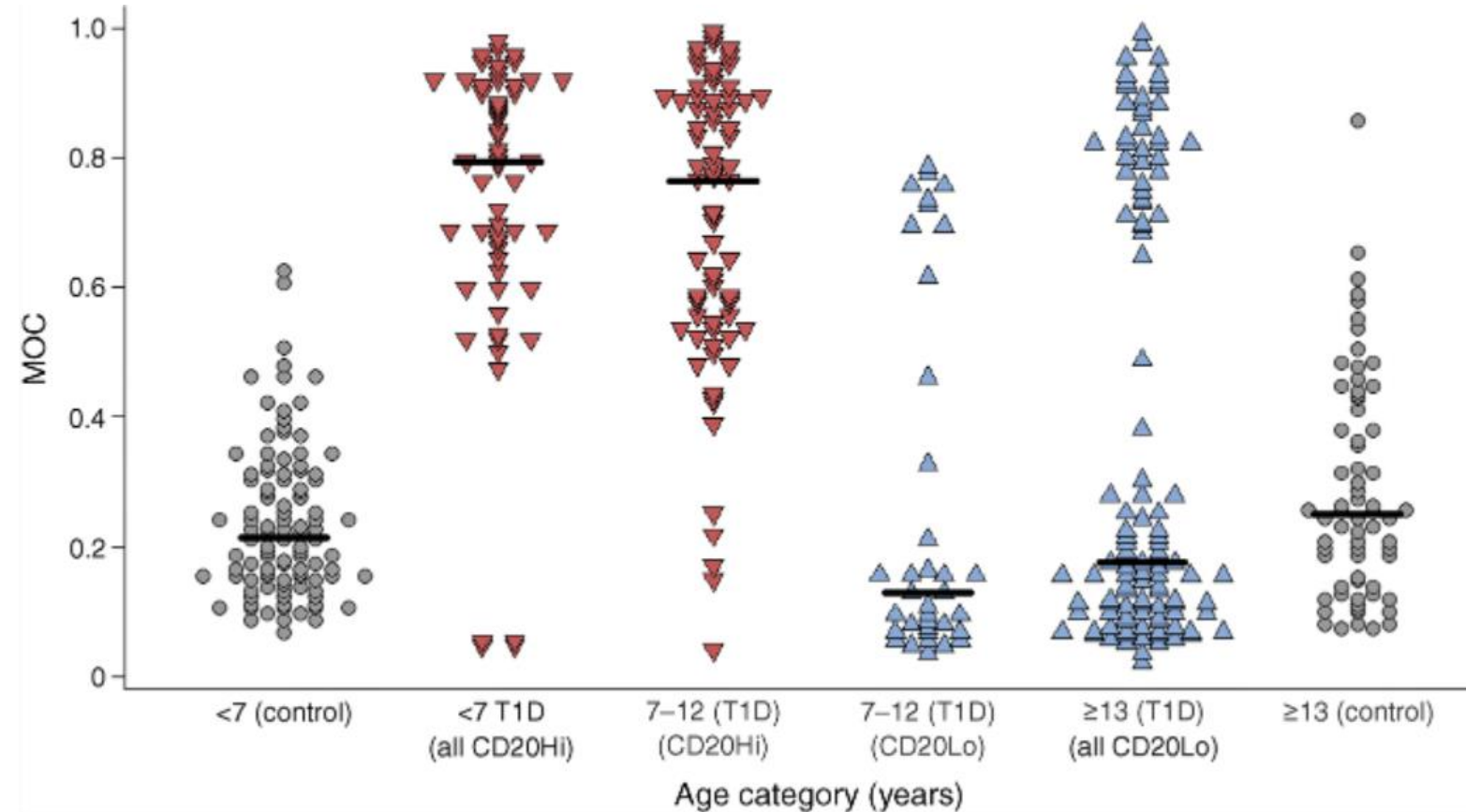
Complications

Diagnosis
Clinical behaviour

Quality of insulinitis differs by age: role of B lymphocytes



Fluorescence micrographs showing (a) Islet in which proinsulin and insulin are segregated. Enlarged region (dotted square in upper panel) is shown in the lower panel. (b) Islet with aberrant proinsulin processing. Enlarged region (dotted square in upper) is shown in lower panel. Green, insulin; red, proinsulin; yellow, co-localisation of the antigens. Scale bar, 20 μm



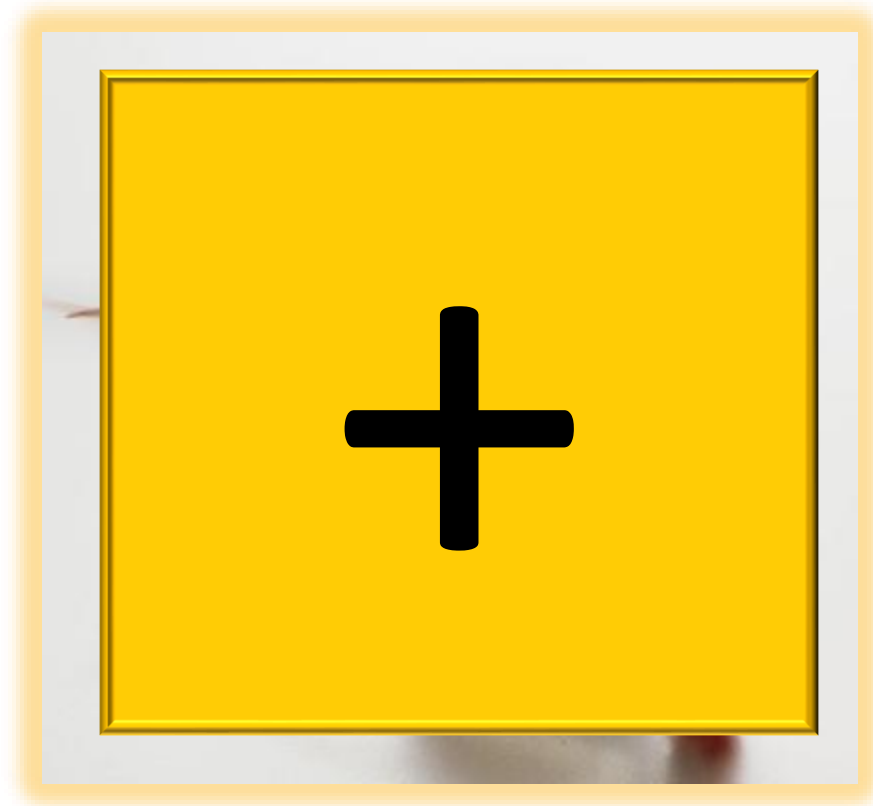
Dot plot showing distribution of the MOC (a measure of proinsulin–insulin co-localisation) in individual islets from pancreas samples obtained within 2 years of diagnosis of type 1 diabetes for individuals with disease onset at <7 years, 7–12 years and ≥13 years. Individuals in each age group were separated into CD20Hi (red) and CD20Lo (blue) subgroups, respectively. Data from control individuals without diabetes are presented as grey circles for those aged <7 years (far left) or ≥13 years (far right). Black horizontal bars represent median values for each group



Arrêter T1D: Qu'avons-nous appris?

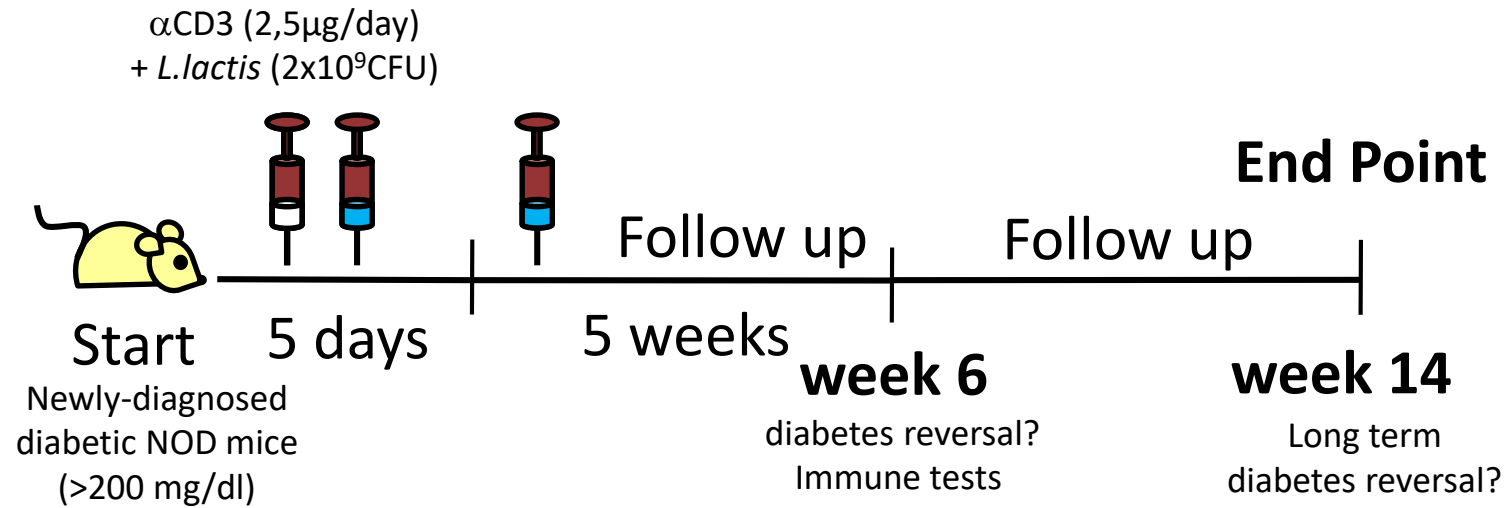
- Le système immunitaire joue un rôle central
- Immunomodulation prévient le diabète dans la souris NOD et de façon temporaire dans l'homme
- T1D est une maladie hétérogène
- **Combinaisons de thérapies**

Induction de tolérance



Immunomodulation

Experimental design



Groups:

Group 1: α CD3

Group 2: α CD3 + *L.lactis* with empty vector (LL-pT1NX)

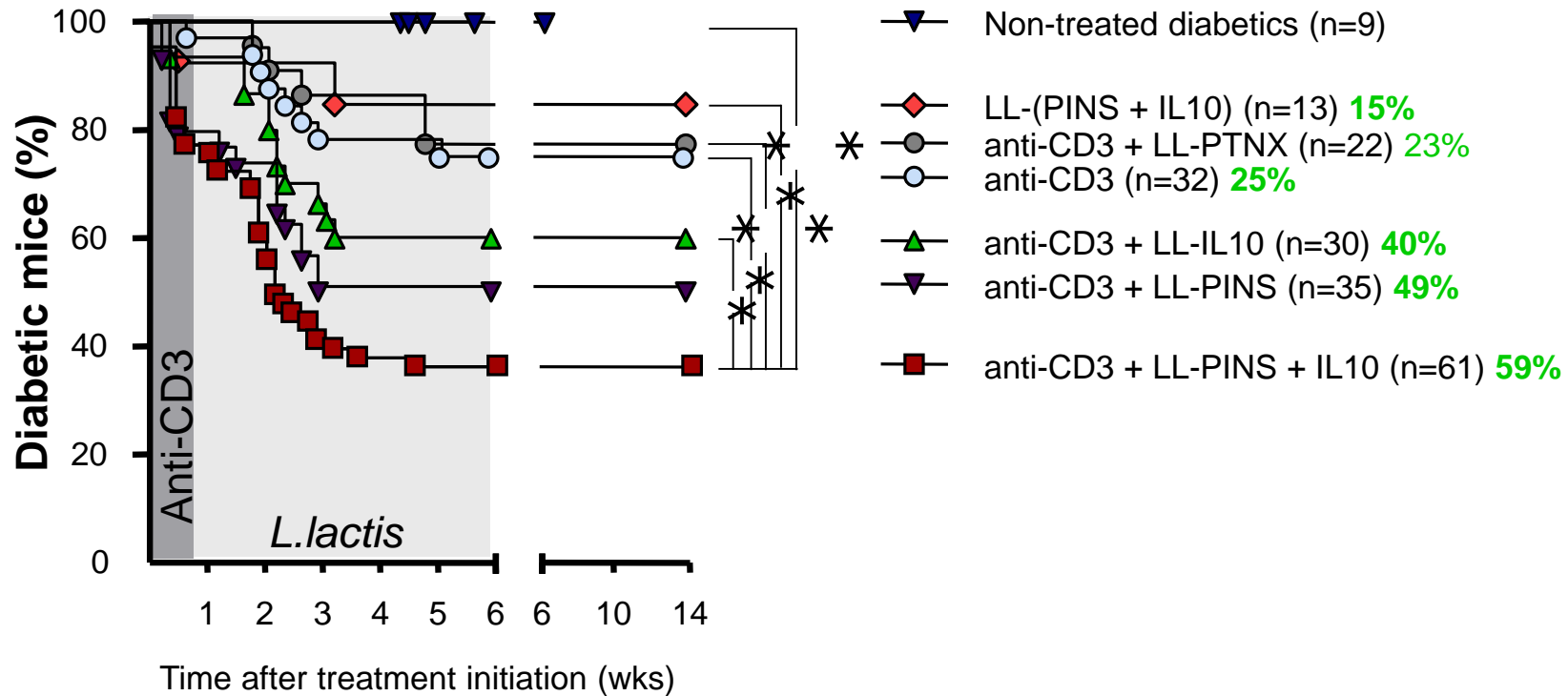
Group 3: α CD3 + *L.lactis* secreting pro-insulin + IL-10 (LL-pins + hIL-10)

Group 4: α CD3 + *L.lactis* secreting pro-insulin (LL-pins)

Group 5: α CD3 + *L.lactis* secreting IL-10 (LL-hIL-10)

Group 6: *L.lactis* secreting pro-insulin + hIL-10

Reversal of diabetes



*, vs. anti-CD3+LL-PINS+IL-10. One symbol represents $0.01 < p < 0.05$; two symbols represent $0.01 < p < 0.001$. Statistical differences were calculated by Mantel-Haenszel logrank test.

Precigen ActoBio Announces Positive Topline Results from Phase 1b Study of AG019 ActoBiotics™, A Novel Therapy Designed to Address the Underlying Cause of Type 1 Diabetes



- Primary endpoint met assessing safety and tolerability in the Phase 1b monotherapy portion of the study -
- Preliminary results demonstrate an encouraging trend in C-peptide levels, a biomarker for T1D disease progression -
- Preliminary data shows an increase in the frequency of islet-specific Tregs, a potential mechanistic indicator of therapeutic activity -

August 10th 2020

INNODIA


www.innodia.eu



Helmsley
JDRF

Chantal Mathieu, KUL, Leuven, Belgium
Mark Evans, CIMR, Cambridge, UK


John Todd, UOXF, Oxford
Linda Wicker, UOXF, Oxford
Chris Wallace, UCAM, Cambridge 
Adrian Mander, CU, Cardiff
Colin Dayan, CU, Cardiff
Mark Peakman, KCL, London
Tim Tree, KCL, London
Noel Morgan, UNEXE, Exeter
UK Biobank
Bart Roep, LUMC, Leiden 
Martin Gotthardt, RUMC, Nijmegen
Decio Eizirik, ULB, Brussels
Miriam Cnop, ULB, Brussels 
Pieter Gillard, KUL, Leuven
Kristina Casteels, KUL, Leuven


Christian Boitard, INSERM, Paris
Roberto Mallone, INSERM, Paris
Rafael Scharfmann, INSERM, Paris 

Univercell-Biosolutions (G Costecalde)

Bernard Thorens, UNIL, Lausanne 

GSK
NovoNordisk
Lilly
Imcyse
Sanofi
Novartis


Knut Dahl-Jorgensen, OUS, Oslo
Geir Joner, OUS, Oslo
Torild Skrivarhaug, OUS, Oslo 

Soren Brunak, DTU, Lyngby 
Flemming Pociot, UCPH, Copenhagen
Jesper Johannesen, UCPH, Copenhagen

Anette Ziegler, HMGU, Neuherberg
Peter Achenbach, HMGU, Neuherberg
Teresa Rodriguez, HMGU, Neuherberg
Ezio Bonifacio, TUD, Dresden
Michele Solimena, TUD, Dresden
Thomas Danne, HKA, Hannover
Reinhard Holl, UULM, Ulm 


Carine de Beaufort, CHL, Luxembourg 

Thomas Pieber, MEDUNI-GRAZ, Graz 

Tadej Battelino, ULI, Ljubljana 

Francesco Dotta, UNISI, Siena
Piero Marchetti, UPI, Pisa 
Francesco Chiarelli, UD'A, Chieti
Emanuele Bosi, UniSR, Milan
Stefano Cianfarani, OPBG, Rome

Mikael Knip, UH, Helsinki
Timo Otonkoski, UH, Helsinki
Riita Lahesmaa, UTU, Turku
Riita Veijola, UOUL, Oulu
Matej Oresic, UTU, Turku
Jorma Toppari, UTU, Turku 

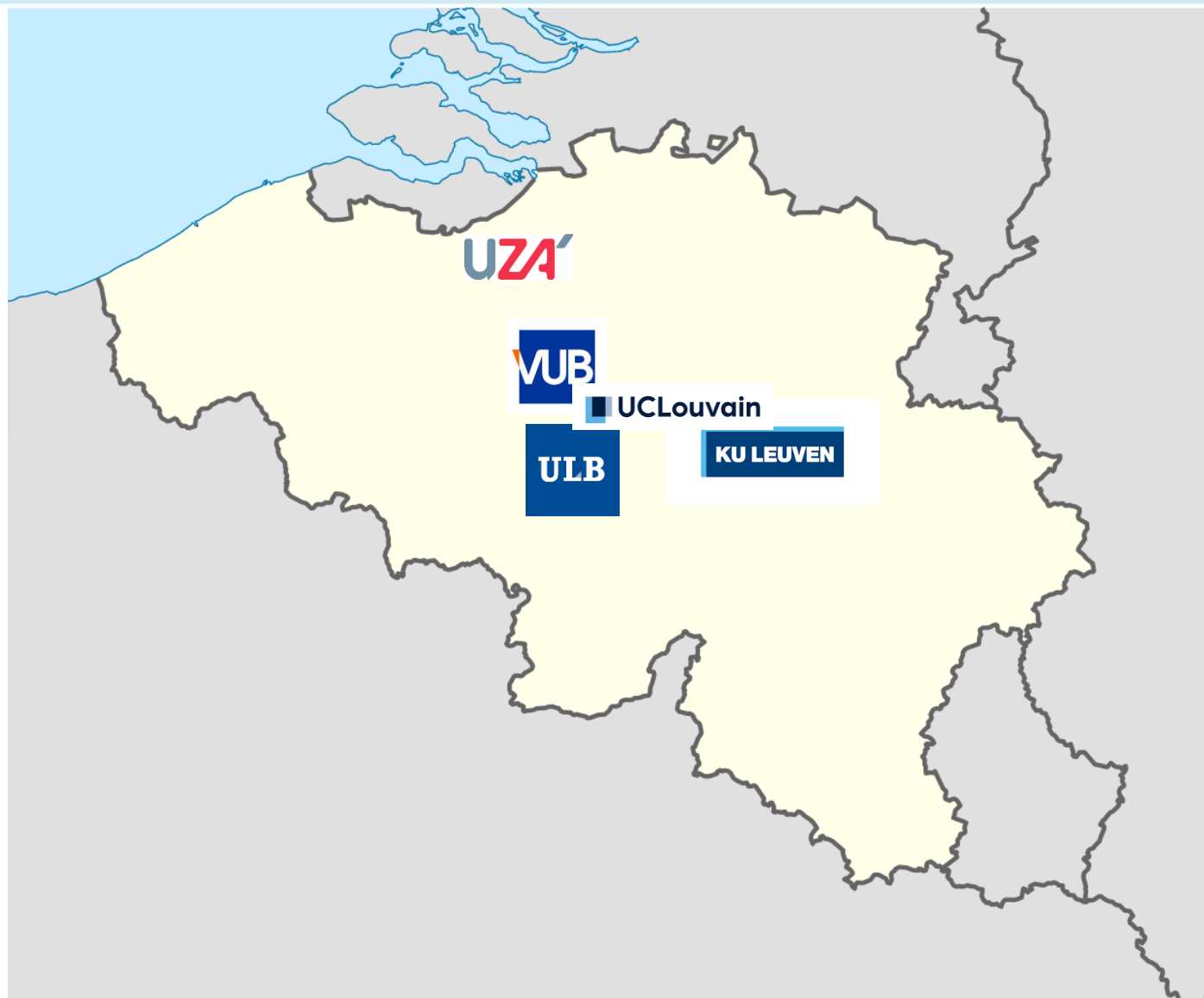
Markus Lundgren, ULUND, Lund
Åke Lernmark, ULUND, Lund 

Przemka Jarosz-Chobot, SUM, Katowice 

+ Satellites in different countries
Belgium: 6
UK: 21
Austria: 1
France: 12
Germany: 3
Italy: 1

	 MELD-ATG <small>A CLINICAL TRIAL BY INNODIA</small>	 Impact <small>BY CYSD - collaboration with INNODIA</small>	 Ver-A-TID <small>A CLINICAL TRIAL BY INNODIA</small>	 CFZ533 ISCALIMAB <small>IN COLLABORATION WITH INNODIA</small>
Age groups (years)	5 – 25	18 – 45	18 – 45	6 – 21
Number of participants	N=114	N=84	N=120	N=102
Design	Randomised to different parallel arm of amount of trial medication (total 32 placebo) (ATG)	Randomised to different cohorts based on treatment arm and age (Immotope)	Randomised 2:1 (Verapamil SR: placebo)	Randomised 2:1 (CFZ533: placebo) (fully-human anti-CD40 monoclonal antibody non-depleting for B lymphocytes)
Treatment	Infusion 2 consecutive days	Injections 6 times fortnightly (2 nd step has booster dose at 24 weeks)	Tablets Once daily for 1 year (titrated 120mg to 360mg)	IV / SC 1 st dose IV, then home SC injections for 1 year
Visits	1, 2, 4 weeks 3, 6, 12 months	4, 24 and 48 weeks	4 and 6 weeks 3, 6, 9, 12 months	Monthly for 1 st year, then twice per year
Duration	~12 months	~12 months	12 months	12 mo treatment ~16 - 36 mo total

Etudes INNODIA en Belgique

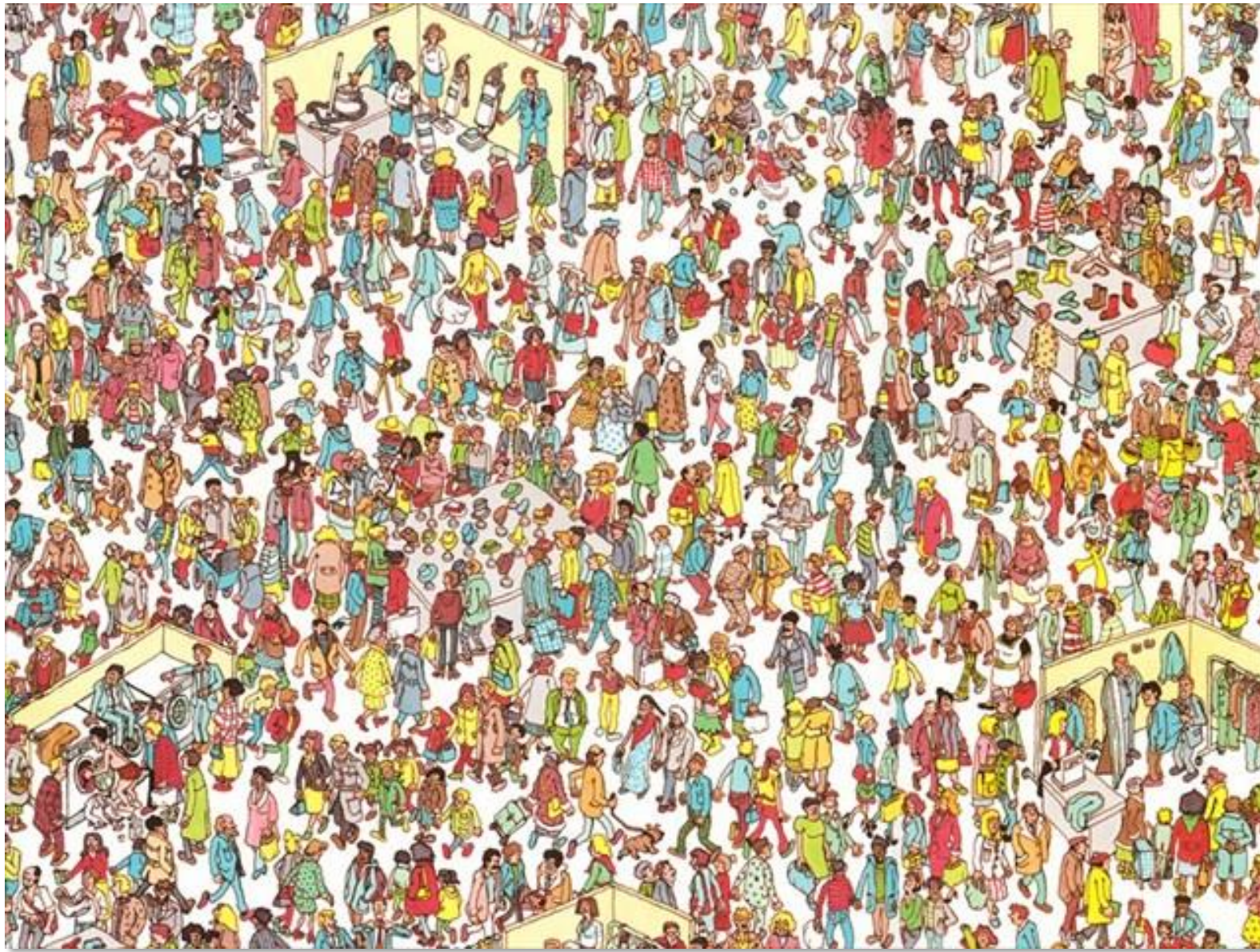


www.innodia.eu



Arrêter T1D: Qu'avons-nous appris?

- Le système immunitaire joue un rôle central
- Immunomodulation prévient le diabète dans la souris NOD et de façon temporaire dans l'homme
- T1D est une maladie hétérogène
- Combinaisons de thérapies
- **Prédiction et prévention**



Ou sont les gens à haut risque.....?

BDR



Registre Belge du Diabète



- Accueil
- Buts
- Qui sommes-nous
- Patients diabétiques
- Apparentés
- Résultats
- Prélèvements apparentés
- Faire un don

Le Registre Belge du Diabète asbl

Le Registre Belge du Diabète ou BDR fut créé en 1989 dans le but de collecter des données chez des patients développant un diabète avant l'âge de 40 ans, ou chez des personnes présentant un tel risque. A cette fin, un réseau national de médecins et de leurs collaborateurs a été développé.

De cette manière, le BDR peut réaliser les objectifs suivants pour cette tranche d'âge:

- déterminer et suivre l'**ampleur** du problème du diabète chez les enfants, les adolescents, et les jeunes adultes
- rendre possible un **diagnostic précoce** de la maladie, si possible à un stade préclinique
- identifier les **causes** sous-jacentes de la maladie et les facteurs influençant sa progression
- identifier des personnes à **haut risque** de diabète, et de ses complications
- composer, recruter, et suivre des groupes de participants dans le cadre **d'études cliniques**, visant à prévenir ou guérir la maladie
- élaborer et distribuer l'**information** sur les nouveaux développements

La production d'insuline sensible au glucose par des implants dérivés de cellules souches chez des patients diabétiques de type 1.

Pour les résultats récents cliquez [ici](#).

Nouvelles

- Actions en faveur du BDR
- Actualité
- BDR dans la presse
- Communiqués de presse

EN

Clinical Trials HARVEST

iNNODIA
A PRIVATE PUBLIC PARTNERSHIP
AGAINST TYPE 1 DIABETES

PAC Events News

ABOUT INNODIA

FOR PEOPLE WITH TYPE 1 DIABETES

PARTICIPANT SPOTLIGHT

THE FACES OF INNODIA

DISCOVER ALL VIDEOS

CLINICAL TRIALS

Conclusion

- Future d'insuline, technologie...
- Future de la prévention/interventions

